



Newberg Veterinary Hospital, P.C.

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Short Term Homemade Pet Diet

PLEASE NOTE: This recipe should be fed for not more than 2 months. If you are interested in feeding your pet a homemade diet for longer than 2 months; we recommend consultation with a clinical nutritionist (see contacts on reverse side).

Standard Pet Formula - adequate for healthy dogs and cats over 6 months of age

- 1 pound fresh boneless skinless chicken breast
- 2 and 2/3 cup cooked white rice
- 1 Tablespoon safflower oil
- 1/4 tsp Morton's lite salt
- 1/4 tsp iodinated salt
- 3 grams of calcium carbonate without vitamin D (regular Tums - check size)
- 1 Centrum adult multivitamin-mineral supplement (no special senior, ocular, women's or other versions)
- 1/4 tsp taurine powder (or 500 mg tablet) (taurine is optional for dogs - essential for cats)

Sauté chopped chicken breast in oil until thoroughly cooked. Add rice and salt.

Grind Tums (calcium carbonate), multi vitamin/mineral tab, and taurine supplement together. Add to cooled mixture. Store in refrigerator. Larger batches may be prepared in advance and stored in the freezer.

Dogs - Amount to feed

Weight in pounds	Kcal per day	Cups per day	Batches needed
20 pound	585	2 1/3 cups	1/2 batch
40 pound	984	4 cups	1 batch
60 pound	1334	5 1/2 cups	1 1/2 batch
80 pound	1656	6 2/3 cups	1 3/4 batch
100 pound	1957	8 cups	2 batchs

Cats – Amount to feed

Weight in pounds	Kcal per day	Cups per day	Batches needed
10 pound	261	¼ cups	½ batch for 4 days
15 pound	354	1/3 cups	½ batch 3 days

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Clinical Nutritionists:

- Petdiets.com
- BalanceIt.com (owners can generate a recipe that is calculated for easy use with pre made supplements).
- University of California Davis
 - telephone consults (530) 752-1387 (veterinarians); (530) 752-1393 (clients)
- University of Tennessee Veterinary Nutrition Service (email utvns@utk.edu)
- Virginia-Maryland Regional College of Veterinary Medicine
- Angell Memorial
 - telephone consults (617) 588-7282
- University of Missouri (email datzcc@missouri.edu)